

Basic Site Safety and Appointed Person



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Introduction

The course comprises a comprehensive overview of the hazards and risks which staff may encounter on site together with a practical approach to First Aid as an Appointed Person. The course has been developed for the Geotechnical Community and therefore provides relevant training to the attendees day to day job.



Course Arrangements

Morning session – site safety:

- Introduction, videos and case studies
- Obligations under the Health and Safety at Work Act
- Hazard spotting exercise (outdoors?)
- Dynamic risk assessment . avoid, substitute, control, PPE
- Limiting exposure to substances
- Reducing the risk of fire

Break

- Vehicles and traffic
- Services . underground and overhead (basic discussion)
- Noise and hearing loss
- Working at height
- Confined spaces and excavations
- Caring for your PPE
- Risk assessment exercise

Lunch

Afternoon session . Appointed Person duties in accordance with HSE guidance:

- Outline First Aid duties and the role of an appointed person
- Action in an emergency
- Assessment and management of unconscious casualty
- Basic life support / CPR demonstration
- Major injuries (fractures, burns, bleeding etc.)

Break

- Contents of a First Aid box
- Record keeping
- Practical group session

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